



RIDGEWOOD

PUBLIC SCHOOLS

EDUCATION CENTER • 49 COTTAGE PLACE • RIDGEWOOD NJ • 07451

Contact: Debra Anderson, Public Information Officer, 201-670-2700, ext. 10555
danderson@ridgewood.k12.nj.us

FOR IMMEDIATE RELEASE

One Book One District: First Tech Night for Parents and Guardians is October 11

October 9, 2017 – The district’s Tech Night initiative for parents and guardians kicks off on Wednesday, October 11 with a presentation on the use of educational technology and its security in the Ridgewood Public Schools. Following the presentation, school administrators will lead breakout sessions on themes and topics discussed in Dr. Catherine Steiner-Adair's book, *The Big Disconnect: Protecting Childhood and Family Relationships in the Digital Age*.

The program will be held at the Benjamin Franklin Middle School, starting at 7 p.m.

Dr. Steiner-Adair, an internationally recognized clinical psychologist, spoke to Ridgewood parents and guardians last year as part of the district’s annual Wellbeing series. Her book offers insights and advice to help parents achieve great understanding, authority and confidence as they engage with the tech revolution at home.

The Tech Nights series is designed to help parents and guardians maneuver through the challenges of parenting in the digital age. The series will continue on Thursday, October 19 with the film *Screen-agers*. This program, sponsored by the League of Women Voters, will be held at the Ridgewood Public Library starting at 6:30 p.m.

On Thursday, November 29, the district’s Wellness series will feature Dr. Devorah Heitner on the topic, *Screen wise: Helping Kids Thrive (and Survive) in Their Digital World*. This program will be held at George Washington Middle School from 7-9 p.m.

On Thursday, January 11 at 7 p.m. a hands-on technology and smart phone program will be offered at Benjamin Franklin Middle School.

On Thursday, March 8 at 7 p.m. a student panel will discuss the personal use of technology. This program will be held at George Washington Middle School.

For more information, please refer to the district website at www.ridgewood.k12.nj.us or contact the Office of the Assistant Superintendent at 201-670-2700, ext. 10532.

###